



FOODBANK SHOPPING LIST

- Tinned tomatoes (400ml and less)
- Tinned meats (ham, corned beef, hot dogs, chopped pork)
- Tinned meat meals (stew, meatballs, chilli con carne, pies)
- Tinned fish (tuna, mackerel, salmon, sardines)
- Tinned fruit
- Tinned Potatoes
- Tinned vegetables
- Tinned soups
- Spaghetti Hoops/Baked Beans
- Instant mash potato
- Kidney Beans
- Chick Peas
- Cooking oil (500ml or less)
- Packs of pasta (500gms & 1KG)
- Packs of long grain rice (500gms & 1kg)

- Rice pudding (400g or less)
- Sponge puddings
- Custard (400ml or less)
- Cereals
- Jam
- Biscuits (all sizes)
- UHT Fruit juice (1Ltr or less)
- UHT Milk (1Ltr)
- Tea bags (40'S & 80'S sizes)
- Coffee (small)
- Hot chocolate
- Squash/Cordial

Cleaning supplies:

- washing up liquid
- laundry detergent
- sponges
- dishcloths

You can check our social media for which items are currently in short supply .

Please remember, many of our neighbours carry their shopping home, so appreciate the smaller sizes.

